

TRAVEL OFTEN · LIVE WELL

TRAVEL MAGAZINE

DRIFT

**STAYCATIONS,
SOLITUDE +
WIDE OPEN SPACES**

IT'S A WHOLE NEW WORLD

**BEST PLACES ON THE PLANET
TO UNPLUG, RECONNECT AND
REACQUAINT WITH TRAVEL**

The 72 Hour Cabin | Healdsburg, MA | Zensler

Private Island Escapes

BY ZOEY GOTO



Isolation vacations are the current travel buzz, as we seek out safe, peaceful havens to relax and unwind. Filled with endless archipelagos and coastal hideaways, Europe boasts some of the most impressive island retreats in the world. Make like Robinson Crusoe and start planning your next trip to one of these castaway kingdoms, oozing charm, adventure and tranquility.

Press Reset Henriksholm Island SWEDEN

Give us 72 hours of your time and we'll lower your stress levels, blood pressure and heart rate – so say the owners of The 72 Hour Cabin. These these gorgeous glass cabins are situated on Henriksholm Island in Western Sweden. Arriving at the private lake Änimmen, you'll be whisked across to the island by motorboat and taken to your Scandi-chic cabin, with a glass roof and walls to soak up the forest and lake views. All meals can be taken care of, so you'll have plenty of time to explore the lake by rowboat or canoe, or simply relax in the hammock and take in the vistas.

There are five well-spaced glass cabins on the island, plus a manor house sleeping 8 and pavilion sleeping 4 for larger groups. Henriksholm is a little gem of an island, with a big understanding of the relationship between nature and wellbeing.

Getting there: Henriksholm Island is two hours from Gothenburg airport.



On this issue's cover

Savor Seclusion
Cycladic Private Island
GREECE

This gorgeous exclusive island nestled in the Aegean Sea is the perfect spot for a super-luxe family break. Accommodating a group of between 8-20 people, the beach-fronted villa has plenty of space and overlooks the azure sea. You'll have the whole island to yourself, whilst a small team of staff, including a chef and butler, are on hand to ensure your total relaxation.

They can also arrange activities such as cookery lessons, yoga and kit surfing, should you require a little more entertainment. This is Greek island living at its very best, minus the crowds.

Getting there: Athens is the nearest airport. Airport transfers by boat or helicopter.



Island Hop
Archipelago Trail
FINLAND

Finland is an island hopper's paradise. With a coastline that's home to the world's largest archipelago, you'll find a staggering 40,000 islands to choose from. The summer season is a great time to road test the Archipelago Trail, a bucket-list route that takes in 250km of isle life, including historical villages, quint red wooden houses and marinas bobbing with sailing boats.

Traveling the full route takes between 2-5 days, but there's also a mini-version that takes in three delightful islands off the coast of Turku, requiring just a day or two.

Getting There: Fly into Turku, then drive and catch public ferries out to the islands.



Nature Bound
Port Cros
FRANCE

Port Cros is the smallest, and by far the loveliest, of the three islands that make up The Golden Islands. Located off the coast of the South of France, the entire island is a National Park teeming with natural wonders, making it an ideal spot for hikers. In fact, you'll have little option but to explore by foot as cars, and even bikes, are banned. This results in a seriously peaceful retreat, where you can wonder the trails for hours uninterrupted.

There are a handful of apartments to rent on the island, mostly overlooking a picture-perfect harbor, dotted with sailing boats and fringed with tropical palm trees.

Getting there: Toulon-Hyeres is the nearest airport and a shuttle boat takes visitors to the island.



Barefoot Luxury
Tresco Island - Isles of Scilly
ENGLAND

Standing on the powdery white sandy beaches of Tresco, surrounded by sub tropical plants, it's hard to believe that you're just 28 miles from the Britain's Cornish coast. This dinky privately owned island is part of the Isles of Scilly archipelago and measures in at only two and half miles long by a mile wide. However, size isn't everything, as Tresco punches above its weight with luxury accommodation and fine dining, including the 5-star Flying Boat Cottages and beach side restaurants offering fresh-out-the-sea fish dishes.

This upscale retreat is perfect for a dose of island life, with plenty of facilities on hand and endless, unspoilt beaches to roam.

Getting there: The fastest route to the island is flying direct to Tresco aboard Penzance Helicopters. Alternatively, fly or catch the train from London to Newquay, then it's a short Skybus flight, or a boat from Penzance Harbor takes 2 hours 45 minutes.

